

Top tips for parents and carers

1. Talk to your child about how important it is to attend school every day.
2. Open communication about your child's day. For example, how was your day? What did you do today? What was your favourite lesson?
3. If your child is trying to avoid school find out why by opening the lines of communication and reach out to school for support.
4. Help your child to keep to routines, for example in the morning and evening and for homework.
5. Where possible, arrange medical appointments outside of school hours and ensure your child attends school before or after appointments.
6. Encourage your child to take part in after school and extra-curricular activities.
7. Discuss any changes in behaviour or presentation with a member of the pastoral team as soon as possible.
8. Let the school know in advance if your child is going to be absent.
9. Post the school calendar and times of school day on your refrigerator or another prominent place.
10. Ensure that school has up to date contact details for you.
11. Remember that habits are formed early.